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EQUIPMENT
FOR A
GLOBAL
MISSION **8**

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FREEDOM FEST 2019



Celebratory fireworks ended the evening Friday, July 5 at Bud Ebert Park. The days event consisted of a free concert with performances by Thompson Square and Easton Corbin. Other fun activities included a classic car show, kids zone, food court, and beer garden.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JOSH STRICKLAND

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Health Center – Riverside, Education Center, 1900 8th Ave SE, Minot

Due to the high demand for this class, the course fee of \$50 must be paid in advance. Please register by calling the Trinity Health Community Education Department at 701-857-5099 and then mail your check (payable to Trinity Health) to Trinity Health Community Education, P.O. Box 5020, Minot, ND 58702. Payment must be received in advance to confirm your participation in the course.



Restoring B-1 readiness: Egress works around the clock

AIRMAN 1ST CLASS RIVER BRUCE, 7TH BOMB WING PUBLIC AFFAIRS



Senior Airman Sheldon Morrison, 7th Component Maintenance Squadron aircrew egress systems apprentice, attaches a pitch stabilization control assembly, or STAPAC, to a B-1B Lancer ejection seat at Dyess Air Force Base, Texas, June 26, 2019. The STAPAC controls the positioning of the seat upon ejecting with a rotating gyro, which allows the seat to remain upright. The 7th CMS egress shop was recently tasked to conduct an out-of-cycle inspection on all B-1Bs in Dyess' fleet.

U.S. AIR FORCE PHOTO
AIRMAN 1ST CLASS RIVER BRUCE

DYESS AIR FORCE BASE, Texas --

For the past 17 years, the B-1B Lancer has seen combat and has been referred to as a work horse.

Subsequently, years of deployed operations, alongside recent maintenance findings, led the Air Force to decide on a safety stand-down for the aircraft.

The stand-down is a temporary pause on flying operations for each aircraft in the B-1B fleet, allowing for in-depth maintenance. After the B-1Bs pass inspection, they resume flying immediately.

"This has been a great opportunity for us to reset from almost 18 years of continuous combat operations to work on sustaining the B-1 for the future," said Col. Jose Sumangil, 7th Bomb Wing commander. "Not only have our maintainers been able to inspect and work on the aircraft from top to bottom, they've been able to perform preventative

maintenance, which will lead to the B-1B's continued readiness."

A key component of the stand-down has been an out-of-cycle inspection on the egress system, which is made up of four ejection seats: pilot, co-pilot and two weapon systems officers.

Members of the 7th Component Maintenance Squadron egress shop have been conducting 24-hour operations for the past 90 days performing these inspections.

"The inspection is a 100 percent system validation on the egress system," said Senior Master Sgt. Michael Dlugiewicz, 7th CMS accessories flight chief. "We're functionally checking everything on the four seats. The only thing we can't function check is the actual ejection from the aircraft, as it is a one-time function."

This extensive review is normally only done in depot maintenance at Tinker Air Force Base, Oklahoma, every 60 months.

Twenty-four hour operations

are normally a worst-case scenario, but have been necessary, according to Dlugiewicz.

"Each seat takes about two days to take apart, inspect and put back together," said Tech. Sgt. Joshua Wilson, 7th CMS aircrew egress systems craftsman. "It takes us about one week per aircraft, and we've pushed through close to a dozen B-1Bs so far."

The ejection explosive, the parachute systems, the ejection hatches and many other components are reviewed in-depth, Wilson said.

Any B-1B currently flying has egress systems that have gone through this process, Dlugiewicz added. Many changes have been made to the egress system following the May 2018 in-flight emergency of a B-1B in Midland, Texas. The egress shop's mission has been to assess these changes as well.

"One of our motivations has been instilling confidence in the egress system to our aircrew," said

Senior Airman Sheldon Morrison, 7th CMS aircrew egress systems apprentice. "The safety of our aircrew is paramount to us; we don't want them questioning the egress system. We're motivated every day to provide peace of mind for the aircrew and their families."

"The amount of growth I've seen in egress Airmen over this process has been tremendous," said Wilson. "The egress systems are better off now, and these Airmen are better for it."

The shop will continue this process on all B-1Bs in the fleet still needing inspection.

"In my 20 years in service, I don't think I've been more proud of a group of Airmen," said Dlugiewicz. "We've asked a lot of them, and they've worked around the clock without complaining... too much," he said jokingly. "They have come in every shift and surged, and they've been happy to do it. It's inspiring."

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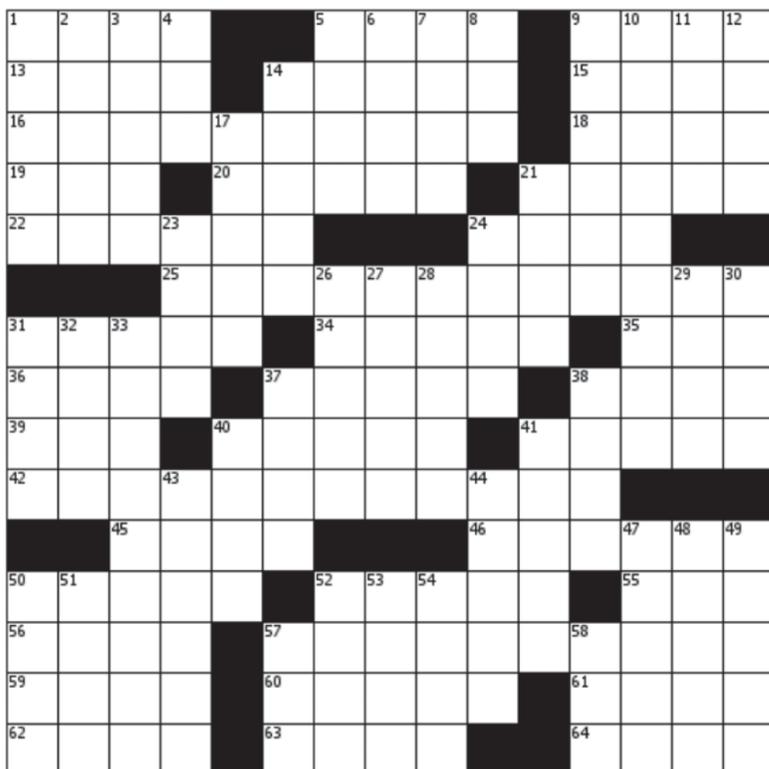
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CROSSWORD PUZZLE

Across

- 1. Folklore beasts
- 5. Out to lunch
- 9. Environmental hazards, briefly
- 13. Virtuous skipper
- 14. Red Sea peninsula
- 15. Coloratura piece
- 16. Start of a quip
- 18. MIT course
- 19. Gas for life
- 20. Start
- 21. Jazz improv components
- 22. Sports group
- 24. Plummet
- 25. Part 2 of the quip
- 31. Admonish
- 34. "Training Day" actor Hawke
- 35. Bath enhancement
- 36. Bus route
- 37. 1924 Olympics locale
- 38. Web site language
- 39. Fertility clinic specimens
- 40. Co-Nobelists of 1903
- 41. Court matters
- 42. Part 3 of the quip
- 45. "Shine" Oscar winner
- 46. Natty
- 50. Long-necked swimmers
- 52. They may buckle
- 55. Keanu Reeves role
- 56. String together
- 57. End of the quip
- 59. At some earlier time
- 60. Went up or advanced
- 61. "In the Line of Fire" actress Russo



- 62. Sugar source, sometimes
- 63. Cookout crashers
- 64. Skater's maneuver

Down

- 1. First NBA lottery pick of 1992
- 2. "Chicago" murderess
- 3. "Mr. Smith Goes to Washington" director

- 4. "Ain't ___ Sweet"
- 5. Fizzles out
- 6. Britain's Princess Royal
- 7. It's fancy-free?
- 8. Inconclusive result
- 9. Best Actor for "Scent of a Woman"
- 10. Screwballs
- 11. Swindle
- 12. Plant pouches
- 14. Connective tissue
- 17. Awaken
- 21. Creditor's claim
- 23. French novelist Andre
- 24. Rejuvenating spots
- 26. Essence
- 27. Sections of 26-Down
- 28. Kleptomaniac
- 29. Tangy flavoring
- 30. Under-the-sink joints

- 31. Backup cause
- 32. Honey of a home
- 33. Dazed
- 37. Nudge
- 38. "Listen!"
- 40. Use some four-letter words
- 41. Halt
- 43. Trip from the Capitol
- 44. Fashion direction
- 47. Reference list
- 48. Fishing net
- 49. Camper's aversion
- 50. Clutter creator
- 51. Passover staple
- 52. Kublai, for one
- 53. Coming up
- 54. Some are private
- 57. Former U.S. carrier
- 58. MLB figure

SUDOKU Solution to puzzle on page 10

		1			2			3
	2				4	5		
6			7	3				
5		3		1			8	7
	4	2				3	5	
8	9			5		1		6
				8	5			2
		5	6				1	
2			3			9		

Medium

Solution to last week's Crossword puzzle.

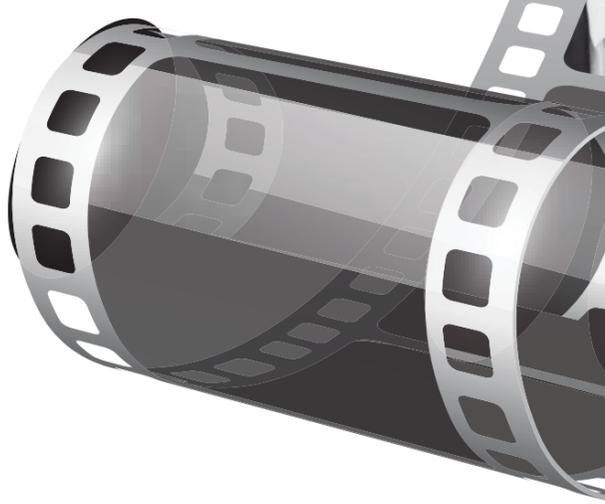
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SPIDERMAN: FAR FROM HOME (PG-13)
FRIDAY, JULY 13 • 1800

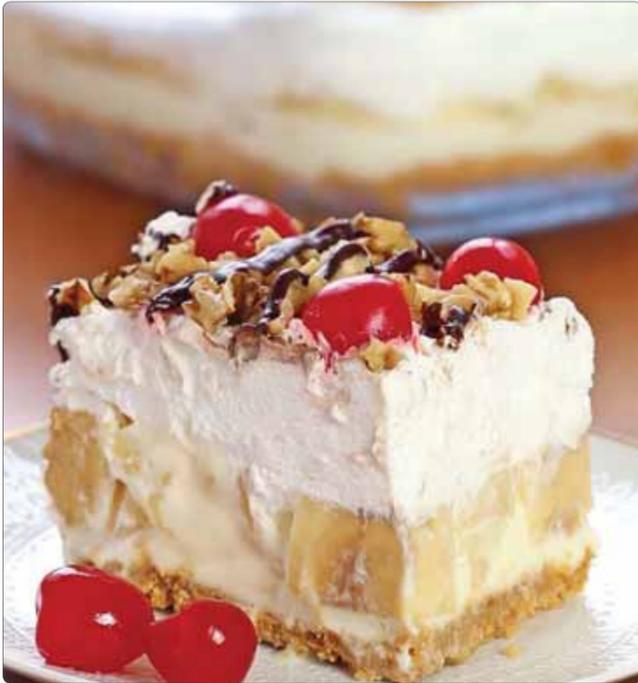
“ Following the events of Avengers: Endgame, Spider-Man must step up to take on new threats in a world that has changed forever. ”

MEN IN BLACK: INTERNATIONAL (PG-13)
FRIDAY, JULY 13 • 1700
SATURDAY, JULY 14 • 1500

“ The Men in Black have always protected the Earth from the scum of the universe. In this new adventure, they tackle their biggest threat to date: a mole in the Men in Black organization. ”



No Bake Banana Split Dessert



Recipe courtesy of: www.topandaculinaryfoods.com/no-bake-banana-split-dessert/

INGREDIENTS:

- 1 stick butter, melted
- 1 box graham cracker crumbs
- 1 (8 oz) cream cheese, softened
- 1/4 cups butter, softened
- 3 cups powdered sugar
- 4 bananas, sliced
- 1 (20 oz) can crushed pineapple, drained
- 1 (16 ounce) container Cool-Whip, thawed or 1 1/2 cups heavy whipping cream
- 1 (4 ounce) jar maraschino cherries, stemmed
- 1 cup walnuts or pecans, chopped
- hot fudge sauce, slightly warmed
- 1 tablespoon rainbow sprinkles

INSTRUCTIONS:

- In a medium bowl, combine graham cracker crumbs and melted butter.
- Firmly press into a crust in the bottom of 9x13 glass or porcelain dish, let it chill in the freezer for about 10 minutes to firm up.
- In a medium bowl, cream together the cream cheese, 1/4 cups butter, and the powdered sugar until creamy, about 5 minutes.
- Don't be tempted to add milk, it will take a few minutes, but the mixture will blend up perfectly!
- Spread the cream cheese mixture over the cooled graham cracker crust.
- Add a layer of sliced bananas over the cream cheese mixture.
- Spread pineapple chunks evenly over the bananas.
- Evenly spread the Cool-Whip over the pineapple-banana layer using a rubber spatula.
- Garnish with the pecans/walnuts and maraschino cherries.
- Drizzle the chocolate fudge over the dessert and then sprinkle the rainbow sprinkles over the surface.
- Chill for at least 4 hours before cutting to allow the layers to set.

UPCOMING Local EVENTS

For more events check out VisitMinot.org

13 JULY
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- Table-Top Gaming
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14 JULY
NATIONAL PARKS & REC MONTH HUNT - SCAVENGER HUNT
 2:00PM - 4:00PM
 Location: Roosevelt Park
 1215 Burdick Expy E, Minot, ND 58701

Join us for a free Scavenger Hunt! Minot Parks will be hosting a scavenger hunt to kick off our week of activities. **For More information: Facebook event/ Minot Parks**

PARKS & RECREATION

SUNDAY JULY 14TH
 2:00PM - 4:00PM

SCAVENGER HUNT MONTH

ROOSEVELT PARK SHELTER #14

15 JULY
MOVIE IN THE PARK - THE SANDLOT
 9:30PM - 11:00PM
 Location: Corbett Field 1124 E Burdick Expy, Minot, ND 58701
 Showing The Sandlot, Rated PG. Sponsored by Nybakken Body Shop. All movies start at sunset (around 9:30pm) **More information: Facebook event/ Minot Parks**

Movies in the Park
 ALL MOVIES START AT SUNSET

The Sandlot

Monday, July 15th
Corbett Field

16 JULY
THE TAP ROOM FEUD TIME TRIVIA
 7:30PM - 9:30PM
 Location: 23 Main St S, Entrance: South Side of Building.

21+ only... We're changing up trivia! Enjoy the time with your friends trying to figure out what the top answer was from 100 random people!
For more information check out: Facebook event/ The Tap Room

FEUD TIME A NEW TWIST ON TRIVIA NIGHTS

TUESDAYS
7:30PM

18 JULY
FREE TRAEGER SAMPLE DEMO DAY
 11:00AM - 2:00PM
 Location: Home of Economy 107 20th Ave SW, Minot, ND 58701

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Aircrew flight equipment: The right equipment for a global mission

STAFF SGT. MOZER O. DA CUNHA, 2ND BOMB WING PUBLIC AFFAIRS



Airman 1st Class Matthew Ford, 2nd Operations Support Squadron aircrew flight equipment apprentice, stores a packed survival module onto a shelf at Barksdale Air Force Base, Louisiana, June 21, 2019. Packed survival modules weight over 50 pounds prior to being loaded in the B-52 Stratofortress.

U.S. AIR FORCE PHOTO
STAFF SGT. MOZER O. DA CUNHA



Airmen with the 2nd Operations Support Squadron aircrew flight equipment flight line shop inspect expiration dates of equipment inside a B-52 Stratofortress at Barksdale Air Force Base, Louisiana, June 21, 2019. Survival modules are a self-sustaining lifeline designed provide the aircrew with 72-hours of supplies and tools needed to survive in any environment around the globe until the members are rescued.

U.S. AIR FORCE PHOTO
STAFF SGT. MOZER O. DA CUNHA

BARKSDALE AIR FORCE BASE, La.---

Airmen with the 2nd Operations Support Squadron aircrew flight equipment flight line section work around the clock to revise, equip and maintain modules designed to bring aircrew back home in case of survival situation.

Survival modules are a self-sustaining lifeline designed provide the aircrew with 72-hours of supplies and tools needed to survive in any environment around the globe until the members are rescued.

"Them surviving long enough to be rescued can be dependent upon how well I do my job," said Airman 1st Class Matthew Ford, 2nd OSS AFE apprentice. "We pack both survival and first aid items in the kit one said item is the search and rescue beacon without that it would be difficult to know where the aircraft went down and who might have gone down with it.

Barksdale's unique global mission set challenges AFE Airmen to pack more items in to the survival module than other bases making with more specific mission sets.

"You go to some other bases, and they prepare for a desert environment, cold environment or wet environment," said Staff Sgt. Clayton Riegler, 2nd OSS AFE craftsman. "The challenge is getting all that equipment to fit in our bomber survival module kit. With our global reach and our mission set we need to be prepared and make sure our aircrew has everything they need for all types of environments so that in their worst day we can have their backs."

Items packed into the survival module are not used as supplies to ration; the items are carefully it's a self-sustaining system.

"You have other survival components in there from a medical module that has your tourniquet and gauze to a survival module that has your flashlight, snare wire, hunting knife, and then you have emergency water. It has everything that aircrew will need to stay alive as long as needed," Riegler added.

Packing survival modules is not the only challenge AFE airmen face. Along with packing new kits, routine repairs are also needed to keep existing kits in circulation.

"Both the aircraft and the equipment we work with were manufactured in the 1960s," Riegler said. "Since these units are no longer being manufactured, we have to maintain what we have to keep them sustainable. In addition to packing the units, we have the additional challenge to repair and refurbish the units we have here in-house."

Once supplies are packed by AFE Airmen, the supplies are constantly monitored for functionality and expiration dates to ensure in the event of an emergency, the aircrew won't have to worry about its functionality.

"I believe what we do here directly contributes to the lethality of the mission and our aircrew," Ford said. "We are here to give them the peace of mind, and enable them to fly their missions and know that if the worst were to happen, we have their backs by providing them necessary lifesaving tools crucial for survival and rescue. Ultimately, to get them back

home safely."

While the odds of aircrew having to use a survival module are minimal, AFE Airmen take pride in their mission and continually train, practice and inspect equipment vigorously. Each survival module packed can potentially be a life that is saved in the future.

"Not only do we save a life by bringing them down safely with the parachute we also sustain that member's life from the moment they hit the ground to the moment they get picked up

and brought back home," Riegler added.



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NODAK ARMS

OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, July 9, 1,851.85 feet above mean sea level (MSL); 46,700 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.02 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.05 MSL.

- N.D. Game & Fish Dept. game wardens: Clear Lake producing a few walleye but more anglers still going to Goose Lake, which slowed a little but continues producing some walleye. Devils Lake slowed for walleye but those caught are nice eating size. Anglers working hard for a limit, though. Try 15 to 17 feet. Pike slowed considerably. Spotty walleye success on the east end of Lake Sakakawea.

- Devils Lake, Ed's Bait Shop, Devils Lake: Look for continued white bass success along the bridges. Try the northern lakes for walleye or the Golden Highway along Grahams Island. Lots of small fish.

- Devils Lake, Woodland Resort, Devils Lake: Continued fair to good for walleye with late evening still the best time. Try spinners and bottom bouncers in 10 feet and deeper or vertical jigging in 25 to 30 feet for larger fish. Work along the highways. Move around to locate white bass with better success on calm days in shallow water.

- Lake Darling, Karma C-Store, Ruthville: Lake Darling, Greene, and Grano areas producing a few walleye.

- Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Try Grano or Greene for the best shore-fishing success. A lot of anglers are finding slow success from boats, working hard for walleye but still finding a few.

- Lake Metigoshe, Four Seasons, Bottineau: Fair for bluegill but sort through small fish for keepers. Try North Lake on Lake Metigoshe for walleye.

- Lake Metigoshe, Lake Metigoshe State Park, Bottineau: Lots of boating activity but anglers are catching nice pike numbers with a few walleye mixed in.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Sakakawea so-so for walleye.

Move around and try a variety of presentations. No reports from Lake Audubon or Missouri River.

- Lake Sakakawea/Lake Audubon, 6-Mile Bait & Tackle, Garrison:

Continued fair walleye success from Fort Stevenson State Park to Highway 83 on Lake Sakakawea working shallow and moving out to deeper water. Try throwing jigs and plastics or bait up towards the shallow shorelines or 12 to 18 feet along sunken humps with variety of presentations. Work deep along sunken humps on Lake Audubon for walleye, as well.

- Lake Sakakawea, Indian Hills Resort, Garrison: Fair for walleye in 15 to 25 feet using spinners with leeches or nightcrawlers. Work the points along the south shore or Pepsi Point on the north side depending on the wind.

- Lake Sakakawea, Scenic 23, New Town: Walleye success improving again with overall fair to good success.

- Lake Sakakawea, Van Hook Resort, New Town: Try 20 to 25 feet with spinners or long snells and Lindy rigs and minnows for walleye. Look for a transition to nightcrawlers soon. Move around with the bite still a little tougher in the last week or so.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River continues producing fair walleye success in the morning. Try jigs and plastics, minnow, or nightcrawlers. Also try Lindy rigs.

Work the spillway channel inlet or down river around the cable crossing. Spillway is spotty. Chutes inconsistent but look for some trout, walleye, salmon, or catfish using 3-way swivels. Shore success also inconsistent, likely due to changing weather fronts. Most activity on the east end of Lake Sakakawea is along Steinke Bay, Wolf Creek, Sakakawea State Park, or east and south side of Mallard Island. Try 22 feet with Lindy rigs and nightcrawlers. Also try casting minnows and plastics up towards shore in shallow water. Bite is inconsistent overall, however. Try 60 to 80 feet for salmon using squids and flashers or herring.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Improving water clarity around White Earth Bay on Lake Sakakawea so look for improving walleye success as water continues clearing. Better success along the south shore,

Dates to Know:

- Registration now open for fall Wild Outdoor Women Weekend, Lake Metigoshe State Park Sept. 13 - 15. Contact Amy Schimetz, aschimetz@nd.gov or call, (701) 264-4514 for more information or register at (<http://bit.ly/2019FallWOW>).

- July 14 - 21: Artist in Residency Program with Jennifer Mathews, Lake Metigoshe State Park. Call (701) 2634651 for information and registration.

- July 18: Youth Day Camp ages 8 to 10, Lake Metigoshe State Park. Call (701) 263-4651 for information and registration.

- July 19 - 27: Conservation & Outdoor Skills Park, 1 p.m. - 7 p.m., N.D. State Fairgrounds.

Tournaments:

- July 13: Lake Sakakawea, Van Hook Arm; Lake Sakakawea, Wolf Creek; Devils Lake (2).

- July 17: Lake Sakakawea, 4 Bears.

- July 19 & 20: Lake Sakakawea, Fort Stevenson State Park.

- July 20: Lake Sakakawea, Parshall Bay.

- July 21: Devils Lake, Grahams Island State Park.

though, in a variety of depths with leeches or nightcrawlers. Look for bigger fish in 20 to 29 feet. Kota-Ray producing nice panfish activity. Trenton Lake Park re-opened after high water levels receded.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No new reports from the Mouse River or area lakes.

N.D. rivers:

- Des Lacs River, Foxholm: River stage, 5.39 feet; streamflow, 6.41 CFS.

- Little Missouri River, Watford City: River stage, 0.46; streamflow, 693 CFS.

- Missouri River, Washburn: River stage, 14.32 feet.

- Pembina River, Walthalla: River stage: 1.92 feet; streamflow, 49.6 CFS.

- Souris River, Foxholm: River stage, 5.81 feet; streamflow, 27.1 CFS.

- Souris River, Minot: River stage, 4.27 feet; streamflow, 26/4 CFS.

- Yellowstone River, Sidney, Mont.: River stage, 11.32 feet; streamflow, 39,000 CFS.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

- Report All Poachers: (800) 472-2121 or (701) 328-9921.

A double blow

PATRICIA STOCKDILL, PRAIRIE ADVENTURES

It's a double blow in 2019. Blow One was news of finding adult zebra mussels in Lake Ashtabula, a popular southeastern reservoir, not just the Red River.

Blow Two was the discovery of bighead carp in the James River near LaMoure.

Both are aquatic nuisance species. Zebra mussels pose major threats, not just to a fishery, but also to those who rely on water in an infested water body. They attach to things such as intakes, which can affect maintenance and cost of water supplies, etc.

Once a lake or river has zebra mussels, it's virtually impossible to eradicate.

That's why zebra mussels are deemed an ANS Class I species. Emergency regulations are now in place on Lake Ashtabula prohibiting the transportation of bait, fish, and any water from the lake. Red River restrictions began in 2015.

Leftover bait is best disposed of via fish cleaning station grinder or discarded in a dumpster, N.D. Game and Fish Department Aquatic Nuisance Species Coordinator Jessica Howell advised. "You can't take any live bait away from the lake or river."

Howell credits a sharp-eyed angler for recognizing and alerting the Game and Fish Department to the zebra mussel. He found it when his tackle caught a piece of aquatic vegetation - and a juvenile zebra mussel less than a centimeter in size firmly attached.

His sharp attention prompted the Game and Fish Department to inspect the lake and confirming additional zebra mussels. "They're (subsequent findings) definitely adults," she described.

An additional issue is that zebra mussels can have multiple spawns, including two during July and September. Ironically, that coincides with

North Dakota's two busiest summer water-based recreation holidays - the 4th of July and Labor Day. Plus, veligers - young zebra mussels - can grow in standing water.

As if that's not enough of a problem, "adults can live up to 28 days out of water...in cold and moist conditions," Howell added.

Within weeks of finding zebra mussels in Lake Ashtabula, the Game and Fish Department found a 26-pound female bighead carp in the James River while conducting population monitoring for yet another ANS species - silver carp, which are also in the James River.

The bighead carp possibly moved upriver because of high water levels, she described. "I know they were in South Dakota...I know we caught at least one in Mitchell (South Dakota) several years ago," she continued.

Bighead carp, like silver carp, are considered Class III ANS. While additional ANS regulations won't be placed on the James River, Howell stressed the situation emphasizes the need to follow North Dakota's ANS regulations - recreational boaters, commercial waterway users, and anglers alike - and limit moving water from one water body to another.

Bighead carp can get up to 100 pounds; silver carp up to 80 pounds, Howell described. Unlike common carp with large scales, bighead and silver carp have fine scales. Bighead carp eyes are low-set on their face - almost on the bottom of their head. Silver carp like light, she added, and jump high out of the water.

Bigheads, however, prefer darkness and dive to the bottom.

Howell advised anglers to kill any bighead carp immediately, although they can keep it in their possession once dead.

The good news is bighead carp are edible - and even tasty.

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AROUND THE AREA

Aerial Spraying on Minot Air Force Base

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MINOT AIR FORCE BASE, N.D.-

Minot Air Force Base has requested assistance from the 910th Airlift Wing's Air Force Aerial Spray Squadron, to conduct aerial spraying for mosquito control between 15-19 July for Minot Air Force Base, and the city of Minot. Due to uncertain weather conditions the exact time and area to be treated cannot be determined in advance.

The Air Force Aerial Spray Squadron will be applying U.S. Environmental Protection Agency registered pesticides.

Adult mosquito control will occur between the hours of 7 p.m. and 2:00 a.m. The applications will be made using a modified C-130H cargo aircraft at 150 ft above ground level.

The purpose of the aerial spraying for mosquitoes is to protect public health, ease working conditions, and improve the quality of life for members working at Minot AFB and living in the surrounding area. Again due to uncertain weather conditions the exact time and area to be treated cannot be determined in advance.

Minot AFB Public Health recommends humans and domestic animals remain indoors while the aerial spraying is occurring immediately overhead or upwind from your location and until the mist settles to the ground. These products were selected because they pose minimal health hazards to humans and domestic animals with aerial application.

Concerned citizens should contact the 5th Civil Engineer Squadron pest management office at 723-2393.



HISTORY FACT. On June 24, 1963, Strategic Air Command accepted the first 10 Minuteman IB missiles at Ellsworth AFB, South Dakota, as part of the 66th Strategic Missile Squadron.

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www.littleflowerminot.com

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www.faithumcminot.com
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 Wednesday Evening..... 7:00 p.m.
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 Pastor David Miller

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852-0315
Sunday Schedule
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 Soup Kitchen 11:30 a.m. - 12:30 p.m.
Brian T. Skar, Pastor
www.ibcminot.org

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 Sunday Worship..... 3:30 p.m.
 Wednesday Bible Study 7:30 p.m.
Jesse Starr, Pastor

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839-7076
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 Tuesday 7:00 p.m.
 (3rd Tuesday 7:00 a.m.)
 Wednesday - Friday 7:00 a.m.
 Saturday 5:00 p.m.
 Sunday 8:00 & 10:30 a.m.
Fr. David A. Richter, Pastor
 Parish website: www.stjohnminot.com


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 852-4853
Summer Worship Schedule
 Saturday Worship..... 5:00 pm
 Sunday Worship..... 9:30 am

www.firstlutheran.tv
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Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
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 Adult Sunday School.....9:45 a.m.
 Contemporary Worship Service.. 9:50 a.m.
 Children's Church.....9:50 a.m.
 Sunday School (All Ages) 11:00 a.m.
 Contemporary Worship Service.. 11:05 a.m.
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Pastor Josh Huseby, Worship Arts
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 Sunday Worship 10:30 a.m.
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3	2	9	1	6	4	5	7	8
6	5	4	7	3	8	2	9	1
5	6	3	2	1	9	4	8	7
1	4	2	8	7	6	3	5	9
8	9	7	4	5	3	1	2	6
4	1	6	9	8	5	7	3	2
9	3	5	6	2	7	8	1	4
2	7	8	3	4	1	9	6	5

Answers to puzzle from page 4

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 <p>\$126,900</p> <p>SMALL TOWN LIVING! - *2 bedroom, 1 bath home *1.5 miles from Minot *Huge back yard *Large kitchen and bathroom *Unfinished basement with plenty of storage *2 car garage.</p> <p>MLS #191292</p>	 <p>\$295,000</p> <p>TRI LEVEL HOME!- *4 bedroom, 3.5 bath *2 stall attached garage *2 stall detached garage *Open Concept *Stainless Steel appliances *Upstairs laundry *Backyard privacy fence *Master bathroom has a jetted tub, 2 walk in closets, and vaulted ceilings.</p> <p>MLS #191395</p>	 <p>\$164,900</p> <p>OPEN AND SPACIOUS HOME!- *3 bedroom, 1.75 bath *Large kitchen open to dining and living room *Oak cabinets and lots of counter space * Master has walk in closet and attached bath *Basement family room and bathroom *HEATED 2 stall garage *large deck and stone patio.</p> <p>MLS #190792</p>
 <p>\$225,000</p> <p>MUST SEE!- *3 bedroom, 1.75 bathroom condo *High ceilings *Open concept *Private back deck *Master bedroom access to deck *Updated bathroom *Updated paint *Walk-out basement *New carpet *Fenced backyard *1 stall garage.</p> <p>MLS #191491</p>	 <p>CONGRATULATIONS JANET SCHELLING TOP PRODUCER, JUNE 2019</p>	 <p>\$14,900</p> <p>AFFORDABLE!- *3 bedroom, 1 bath mobile home *1 stall garage *Open kitchen to living room *Washer and dryer included.</p> <p>MLS #191389</p>
 <p>Janea Martell 320-333-5264 janea@minothomes.com</p>	<p>Check our site for weekly dates and times of Open Houses</p> <p>OPEN HOUSE</p> <p>one click printout of weekly open houses</p>	 <p>Janet Schelling 240-7537 janet@minothomes.com</p>

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY is now registering for the Fall 2019 term (5 Aug-6 Oct). You can enroll in classes for CCAF, classes towards Undergraduate degrees such as: AS/BS Aeronautics, AS/BS Aviation Maintenance, AS/BS Technical Management and Graduate degrees: MS Aeronautics, MBA Aviation & MS Management. Please stop by the ERAU office, located inside the Minot AFB Education Center Bldg, Room 223 or email your registration request & any inquiries to minot@erau.edu. To apply to the University, please go to: <https://worldwide.erau.edu/admissions/apply/> and select Minot as the Campus location. Our course modalities include Eaglevision class onsite, online and Eaglevision home. If you have any questions, please call 701-727-9007.

PARK UNIVERSITY MINOT – Earn your degree on your terms; now enrolling for Fall 1 with classes starting August 19. At Park, we believe everyone who strives to earn a degree should have that opportunity. Earn your CCAF credits, AU-ABC, and/or your Bachelor degree with Park, helping to maximize your prior military experience. Find out how many credits you can get for your military experience by going to military.park.edu and confirm your credits or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get for my military experience?” She will even tell you your graduation date. Park University. Minot AFB @ the Education Center (upstairs from the library in room 222). 844-884-8612; mino@park.edu. Park. You.

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WHAT'S GOING ON MAFB

TODAY	TUESDAY	THURSDAY	
<ul style="list-style-type: none"> Last Day to Register for Youth Outdoor Soccer at Youth Center Superhero 5K Run, 0630, Fitness Center TAP GPS Workshop, 0730-1600, Held at the Education Center and hosted by the A&FRC Boot Camp, 1145, Fitness Center Torch Club, 1600-1700, Youth Center Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Rough Riders Pizza) Texas Hold 'Em, 1800, Rockers Bar & Grill Live Music with Joshua Herman, 1900-2300, Ground Zero Lounge at the Jimmy Doolittle Center Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes 	<ul style="list-style-type: none"> Run 4 Fitness, 0600, Fitness Center Pre-Separation Counseling, 0800-1130, A&FRC Specialty Activity Camps – Soccer Camp: Ages 9-12, 0900-1200, Youth Center Game Day, 1000-1930, Base Library Cycle, 1130, Fitness Center Specialty Activity Camps – Soccer Camp: Ages 13+, 1300-1600, Youth Center Off-Base Budget Class, 1430-1600, A&FRC July Youth Golf Lessons, 1700-1900, Rough Rider Golf Course Family Night Kids Eat Free with Adult Entrée Purchase, 1700-2000, Rockers Bar & Grill Cycle, 1700, Fitness Center Fit to Fight, 1800, Fitness Center EFMP Couples Cooking Class: BBQ, 1800-2000, Held at Gourmet Chef and hosted by the A&FRC Swerk, 1900, Fitness Center 	<ul style="list-style-type: none"> Last Day to Register for MAFB Half Marathon at Fitness Center Cycle, 0600, Fitness Center Boots to Business, 0800-1600, A&FRC Specialty Activity Camps – Soccer Camp: Ages 9-12, 0900-1200, Youth Center Swerk, 0915, Fitness Center Creative Kids Class, 1030-1100, Arts & Crafts Specialty Activity Camps – Soccer Camp: Ages 13+, 1300-1600, Youth Center Reintegration Briefing, 1300-1400, A&FRC Off-Base Budget Class, 1430-1600, A&FRC Fitness Hour, 1600-1700, Youth Center Trivia Registration, 1600-1845, Ground Zero Lounge in the Jimmy Doolittle Center Club Members' 1/2 Price Appetizers (with purchase of adult entrée), 1700-1900, Rockers Bar & Grill July Youth Golf Lessons, 1700-1900, Rough Rider Golf Course Olympic Weightlifting, 1730, Fitness Center Fit to Fight, 1800, Fitness Center Trivia Night, 1900-2100, Ground Zero Lounge in the Jimmy Doolittle Center 	
SATURDAY	WEDNESDAY		
<ul style="list-style-type: none"> Last Day to Register for Only The Best Come North Scramble at Rough Rider Golf Course Cycle, 0800, Fitness Center Zumba, 0900, Fitness Center Minot AFB Library Comic-Con®, 1100-1600, Base Library Kill Shakespeare Play, 1430, Held at Base Theater and hosted by the Base Library Game Night at the Ground Zero Lounge, 1600, Ground Zero Lounge at the Jimmy Doolittle Center Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes Havana Nights, 2200-0300, Rockers Bar & Grill 	<ul style="list-style-type: none"> Last Day to Register for July Creative Kids Class at Arts & Crafts Last Day to Register for July Pinterest Party at Arts & Crafts Circuit Training, 0600, Fitness Center Club Member Benefit, 0900-1400, Rough Rider Lanes Bundles for Babies, 0900-1030, A&FRC Specialty Activity Camps – Soccer Camp: Ages 9-12, 0900-1200, Youth Center Story Time, 1030, Base Library Boot Camp, 1145, Fitness Center Pre-Deployment/Remote Readiness Training, 1300-1400, A&FRC Specialty Activity Camps – Soccer Camp: Ages 13+, 1300-1600, Youth Center Youth Programs Volleyball Camp, 1300-1600, Youth Center Off-Base Budget Class, 1430-1600, A&FRC 4-H Club, 1600-1700, Youth Center Mug Club Special, 1600-1800, Rockers Bar & Grill Boss & Buddy \$1 off Draft Special, 1630-1830, Rockers Bar & Grill Members Wind Down Wednesday Buffet, 1630-1830, Rockers Bar & Grill July Youth Golf Lessons, 1700-1900, Rough Rider Golf Course Yoga, 1830, Fitness Center Swerk, 1930, Fitness Center 		
SUNDAY			
<ul style="list-style-type: none"> Only The Best Come North Scramble, 0900, Rough Rider Golf Course Family Zumba, 0900, Fitness Center 			
MONDAY			
<ul style="list-style-type: none"> Tactical Fit Express, 0600, Fitness Center Specialty Activity Camps – Soccer Camp: Ages 9-12, 0900-1200, Youth Center Boot Camp, 1145, Fitness Center Specialty Activity Camps – Soccer Camp: Ages 13+, 1300-1600, Youth Center Reintegration Briefing, 1300-1400, A&FRC Youth Programs Volleyball Camp, 1300-1600, Youth Center Off-Base Budget Class, 1430-1600, A&FRC July Youth Golf Lessons, 1700-1900, Rough Rider Golf Course Zumba, 1800, Fitness Center 	<p>Rough Riders Pizza July Special: Chicken Caesar Wrap Enjoy a twist on this classic salad with grilled chicken, shredded lettuce, parmesan cheese, croutons, and caesar dressing in a flour tortilla! Try it today for \$9.75 – includes chips and a drink!</p> <p>The B-Fifty Brew July Special: Spinach Frittata Add some variety to your day and dig in with a medley of eggs, parmesan cheese, onion, garlic, spinach, and swiss cheese for only \$4!</p> <p>Auto Hobby July Specials July 2-13: Strut Replacement Customer removes assembly from vehicle and Auto Hobby staff will remove the old strut from the spring and install a new strut. Regular price per strut: \$15 Special price per strut: \$12. *Must mention advertisement to receive special price. July 16-31: Oil Change Special Purchase oil and filter from Auto Hobby and use the lube rack free for up to one hour! After one hour, if customer is not finished, vehicle will be charged lift per hour price of \$6. *Must mention advertisement to receive special price</p>		

UPCOMING EVENTS:

19 July

- MAFB Half Marathon, 0630, Fitness Center
- Key Spouse Training, 0800-1400, A&FRC
- Specialty Activity Camps – Soccer Camp: Ages 9-12, 0900-1200, Youth Center
- Boot Camp, 1145, Fitness Center
- Specialty Activity Camps – Soccer Camp: Ages 13+, 1300-1600, Youth Center
- July Pinterest Party, 1300, Arts & Crafts
- Torch Club, 1600-1700, Youth Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- July Youth Golf Lessons, 1700-1900, Rough Rider Golf Course
- Club Members \$\$\$ Drawing, 1730-1830, Rockers Bar & Grill (name of Club Member drawn also announced at the Jimmy Doolittle Center and Rough Riders Pizza)
- Keystone Meeting, 1800-1900, Youth Center
- Give Parents a Break, 1800-2200, Child Development Center & Youth Center
- Karaoke Night, 2100, Rockers Bar & Grill
- Lights & Strikes Bowling, 2100-2400, Rough Rider Lanes

20 July

- Cycle, 0800, Fitness Center
- Zumba, 0900, Fitness Center
- Swerk, 1100, Fitness Center
- Game Night at the Ground Zero Lounge, 1600, Ground Zero Lounge at the Jimmy Doolittle Center
- Lights & Strikes and Saturday Unlimited Bowling, 2000-2400, Rough Rider Lanes

RV Expo Rolling Into North Dakota State Fairground

PAMELA KAY, FMCA

Cincinnati, Ohio —
F MCA, an international organization for RV owners, will be celebrating its 100th International Convention and RV Expo at the North Dakota State Fairgrounds in Minot August 14 through 17. The event has been dubbed “Minot Magic — 100 Times The Fun” in honor of the host city and in recognition of the RV club’s 100th convention milestone.

“We’re really looking forward to a return visit to Minot,” noted FMCA national president Jon Walker. “It’s been quite a while since our last convention there, but members who attended that August 2005 event and the ones prior haven’t forgotten the warm welcome the town extended to FMCA. And we’re really excited to be celebrating such a momentous occasion in our history — FMCA’s 100th convention.”

FMCA invites all RV owners to join the festivities that will take place in mid-August. And those who are considering the RV lifestyle or are just curious will have an opportunity to take part as well.

During an FMCA convention, RV owners stay at the host facility in their homes on wheels, and a new neighborhood pops up almost overnight.

One key element of the event is the RV Expo. Major RV manufacturers and dealers bring the latest models and invite convention attendees and members of the public to stop by for a tour. Hundreds of RVs — in all shapes and sizes — will be open for inspection during show hours. RV-related accessories, components, services, and other products of interest to travelers will be available as well.

RV Expo hours will be Wednesday, August 14, from 1:00 p.m. to 5:00 p.m. and Thursday through Saturday, August 15 through 17, from 9:00 a.m. to 5:00 p.m.

When they aren’t shopping, attendees can take part in seminars about topics ranging from RV driving/towing and RV maintenance to microwave-convection cooking and technology for travelers. Approximately 100 different sessions will be held. A variety of daytime and

evening entertainment is offered, and attendees have numerous opportunities for socializing with others who share their love of the RV lifestyle. These range from organized activities such as morning coffee hour and an ice cream social to afternoon happy hours in the RV parking areas and various impromptu meetups.

Multiple options are available for attending FMCA conventions. As noted, RV owners are invited to bring their vehicle and stay on-site to enjoy all of the activities. Those who don’t yet own an RV are welcome to come for the day and just explore the RV Expo, or purchase a “passport” that allows them to take part in all activities (with no RV parking).

Registrations will be accepted online at FMCA.com and by telephone at (513) 474-3622 or (800) 543-3622 until August 6. After that date, space will still be available, and RV owners can simply pay upon arrival at the North Dakota State Fairgrounds. Day passes, which provide admittance only to the RV Expo, will be sold on-site. The day pass for Wednesday, August 14, also will be good for Thursday, August 15. Saturday, August 17, has been declared “Minot Day,” and local residents will be admitted free to the RV Expo portion of the event that day.

For new RVers or those considering the RV lifestyle, a special RV Basics course will be offered at the North Dakota State Fairgrounds prior to the convention. Led by RV experts, the 2.5-day course (August 11-13) covers topics such as RV maintenance, RV weights, tire safety, and fire and life safety. Advance registration is required. For more information, visit <https://www.fmca.com/rv-education-101>.

And for new RVers who want to feel more confident behind the wheel, two-day RV driving and one-day backing courses will be offered in partnership with the RV Driving School in advance of the FMCA convention in Minot. Classes take place during the August 7 through 10 timeframe, and students use their own RV. Advance registration is required; for information, visit <https://www.fmca.com/rv-driving-school>.



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 1ST CLASS HEATHER LEVEILLE

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